



Telemedicine

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Overview of team and telemedicine

- ▶ Population covered: 340,000
- ▶ Our clients have intellectual disability and comorbid mental health issues
- ▶ Including 10 special schools in Cork, units and 3 special schools in Dungarvan, Cashel and Beaufort, Co. Kerry.



Telemedicine- CAMHS Journey

- ▶ 2016 – Realised we needed to do things differently
- ▶ 2018- pilot project of telemedicine

Telemedicine Platforms



Red Zinc BlueEye



Attend Anywhere

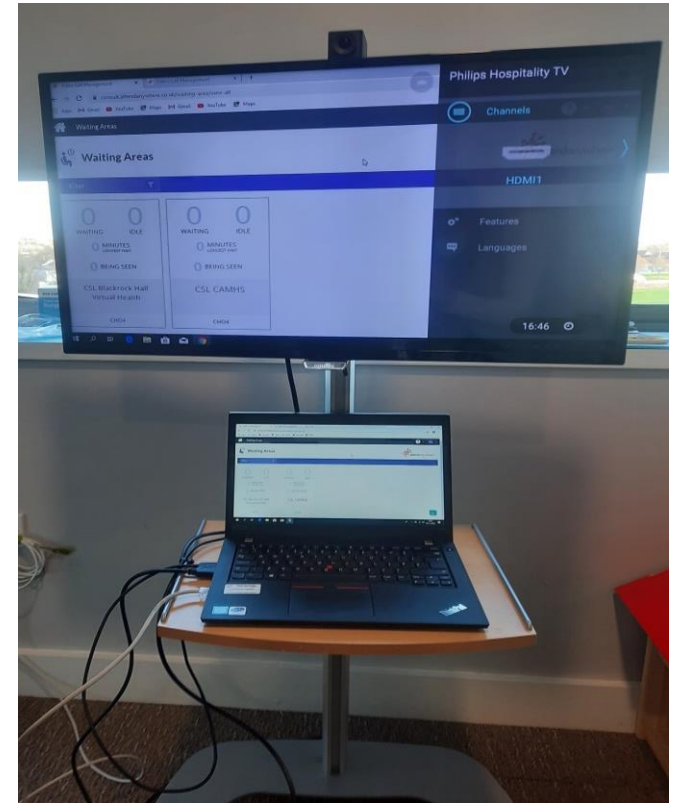


Webex by Cisco



Telemedicine – Current Uses

- Initial assessments
- Medication reviews
- Therapy appointments
- Professional meetings
- School observations
- Parenting Groups
- Information sessions
- Parent Support Groups
- Team meetings for social distancing




Telemedicine – Benefits

- ▶ Low cost
- ▶ Less travel time
- ▶ Less transport issues
- ▶ Less time off work (parents)
- ▶ Less disruption to school & routine
- ▶ No travel costs incurred for staff
- ▶ Can observe children and families in their natural environment
- ▶ Option to turn camera off
- ▶ Easier to involve all stakeholders– mdt, etc
- ▶ Supports COVID–19 restrictions

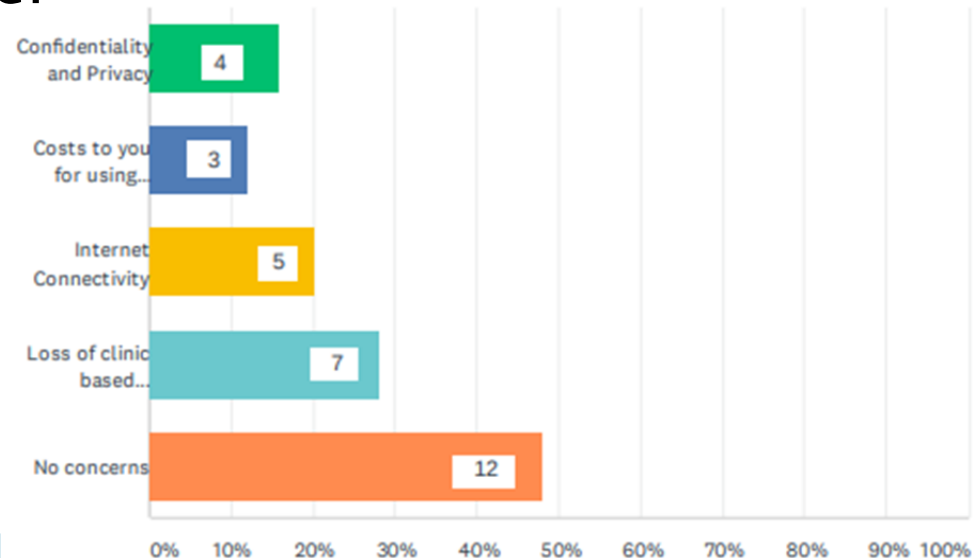


Telemedicine – Challenges

- ▶ Some broadband and tech issues
 - ▶ Some families need extra support initially due to learning issues or worries about being able to use system
 - ▶ Some staff and other professionals need help too!
 - ▶ Some young people nervous about being on camera.
 - ▶ Doesn't always replace need for face to face appointments.
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Feedback from 25 parents – Survey of Telemedicine during COVID-19

- Parents rated overall experience: 80/100 (average)
- Sound Quality: 72/100 (average)
- Picture Quality: 84/100 (average)
- Average travel time saved: 64 minutes (to and from)
- No. happy to use telemedicine again: 100%
- Concerns about it's use:



Quotes from Parents

“It helped me get an immediate answer and appointment in my own home in difficult circumstances.”

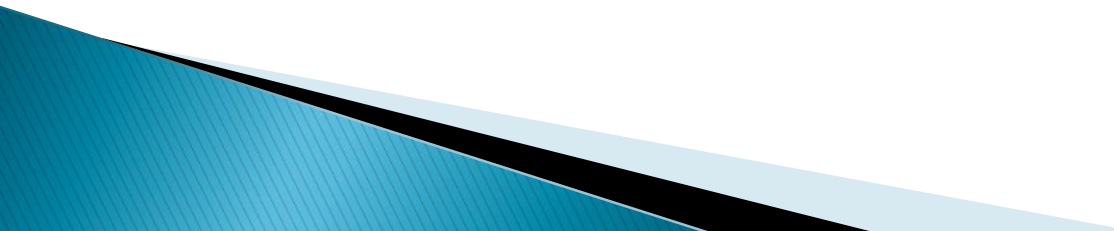
“It froze at one point which affected sound but that's kind of normal anyways. I think this is the way forwards so no doubt will get better in time.”

“I've used it before and find it very easy way to get help quickly. When your in the throws of an outburst the last thing you want to do is drive somewhere so its really helpful to be able to talk to someone online.”

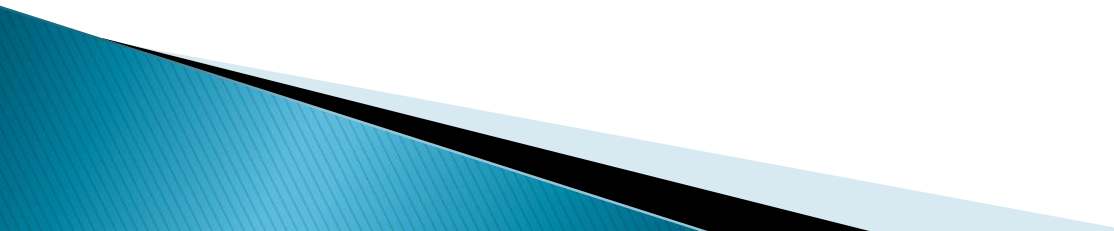
“Really useful system although think I prefer face to face generally.”

“Preferred it as didn't need to travel with my small man to clinic.”

Future direction CAMHS

- ▶ CAMHS are organising parents plus special needs parenting programme for January 2021
 - ▶ Have more schools on board for observations.
 - ▶ Have set information group sessions about ADHD through Telemedicine
 - ▶ This will allow a wider amount of families to benefit from intervention based on the age group of the programme
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Tips for Telemedicine

- ▶ Check your background/lighting
 - ▶ Try a few practice runs with other staff before using system with families
 - ▶ Older siblings are great help to set it up for parents if needed
 - ▶ Consider your platform
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*Thank You
for listening*